MEDICATIONS

Most of our Residents will receive their medications through Freedom Pharmacy. Deliveries are made Monday through Saturday. For families using Freedom Pharmacy, all over the counter and prescription medications will be ordered through that service, and they will be included on the monthly Freedom Pharmacy billing. If families choose not to utilize Freedom Pharmacy, they may be responsible for a \$20 monthly fee. Please be sure to carefully read the "Policy for Families Providing Medications and Supplies," which is included in the Admissions Packet. Any questions regarding Freedom Pharmacy billing should be directed to them at (802) 655-3544.

Residents may not have any medications or vitamins in their rooms. All medications need to be kept in the locked medication carts, and managed by staff. This applies to both prescription and over-the-counter medications, including vitamins and supplements. Please understand that this is a State regulation, and it is in place for the safety of all of our Residents.

OUTSIDE HEALTH SERVICES

In addition to medical care, there are a few services available to our Residents right here in the convenience of their own home. We bring in a Primary Care Doctor and a Physical Therapist. Much of this is billed to Medicare and private insurance; families are responsible for any remaining balances.

Many of our Residents may also benefit from physical, occupational, or speech therapy services. Medicare covers these services in the same way they would for "home" care. For these services, as well as Hospice services, we work with local Visiting Nursing and Hospice agencies. Residents and families have choices regarding who they would like to employ for these services, and our

nurses will talk with you about options if those services would benefit your loved one.

EMERGENCY CALL SYSTEM

If appropriate, Residents at Spring Village at Essex has a call button located on either a wristband or a pendant worn around the neck. When a Resident presses this button, it will call staff for assistance. This is a silent system—staff wear pagers, and when a Resident presses their button, his or her name and room number will appear on staff pagers. Please encourage your loved one not to hesitate to use the call button—we are here to take care of our Residents!

MEDICAL APPOINTMENTS

Many of our Residents choose to use our on-site services for ongoing care needs, including primary care. Residents will have medical appointments in the community and we are happy to transport and accompany them with adequate notice. However, families do sometimes take Residents out for medical appointments. Please know that you are responsible for informing us if you plan to them outside appointments. If not informed of an appointment, we cannot guarantee we can provide a ride, however we will make an effort to fulfill this need.

If your loved one is going out for an appointment, please call at least 24 hours in advance, whenever possible, so the nurses can have ready any paperwork you will need for the appointment, or provide any premedication the Resident may require. Thank you.

LAB SERVICES

UVM Medical Center lab personnel come to Spring Village at Essex on a regular basis to perform blood draws for our Residents. Depending upon your insurance, costs will be the same as they would be to travel to a local lab. There is no additional charge for having the draw done here, on-site.

TRANSPORTATION

We can help arrange transportation to appointments as needed, if family is not available or cannot transport a Resident in a private vehicle. There is a charge for this service, beyond 20 miles per month at 55 cents per mile. If you need to schedule transportation, please call the Concierge Desk with as much notice as possible. They can check to transport services for availability, and inform you of charges. Transportation that is provided by Spring Village at Essex as a part of a planned activity is free-of-charge.

MAILING INFORMATION

To ensure that your personal mail arrives directly to you, please note the correct address. The address of your incoming mail should read:

(Resident's Name)

Spring Village at Essex

6 Freeman Woods

Essex Junction, VT 05452

For outgoing mail, an "outgoing mailbox" is provided at the Concierge Desk. Stamps may be purchased at the Concierge Desk. Mail arrives in the late afternoon at the Concierge Desk and will be delivered to Residents.

DINING SERVICES

At Spring Village at Essex, we work hard to provide delicious, healthy meals for our Residents to enjoy. Every meal features choices, and Residents are always welcome to give us feedback and menu suggestions. We want all of our Residents to enjoy their dining experience at Spring Village!

Breakfast

8:00 - 9:00 a.m.

Lunch

12:00 p.m.

Supper

5:00 p.m.

Snacks are offered at 10:00 a.m., 2:30 p.m., and 7:00 p.m. every day, and are available as needed throughout the day in the dining area of each building. Coffee and beverages are always available. If Residents have specific snacks or drinks they would like, families are always welcome to bring them in, label them, and we will keep them in the kitchen for the Resident.

GUEST MEALS

Everyone likes to entertain in their own home, and our Residents are no different! We welcome family and friends to join us for meals with their loved one.

In order for us to provide you with the best service possible, we would like to know when you will arrive and how many guests to expect at least 24 hours in advance, whenever possible.

Guest meal tickets may be purchased at the Concierge Desk, and prices are \$7 dollars per meal (and free on your birthday).

Some special holiday meals, including Thanksgiving, Christmas, Easter, etc., are \$10.00 per person.

VISITING HOURS

Visiting hours are all hours but we at Spring Village at Essex encourage families and friends to visit between 8 a.m. and 8 p.m. when our Concierge is on site. If you will be visiting at other times, please inform the Concierge before 8 p.m. We do ask family and visitors to please be courteous of all of our Residents.

We ask all visitors to please sign into the building upon arrival, and sign out when they leave. If you take a Resident out of the building, please be sure to sign out in the Town Square. If you will be out through a meal or need medications to take with you, please notify us in advance.

VISITS FROM OUR FOUR-LEGGED FRIENDS

Many families choose to bring in beloved pets to visit our Residents. While we are certainly an animal-friendly community, there are some things visitors must know. Before any animal can come into our buildings you need provide a copy of a rabies certificate and current vaccinations. We do not allow Pitbull Terriers, German Shepherds, Wolfdogs, Doberman Pinschers, Rottweilers,

Presa Canarios, Ex Police/ Military Dogs, or any fighting or guard dog; this is a WoodBine policy. We do not believe these dogs are bad, it is due to the emotions it can elicit in the Residents. The pet also needs to be cleaned and well behaved.

Please recognize that these visits are at the discretion of the Executive Director. Even if an animal has been approved to visit, if the animal is too aggressive, boisterous, or disruptive while here, you may be asked not to bring the pet in again. Please understand that we need to always protect the comfort and safety of our Residents.

ACTIVITIES

Spring Village at Essex offers a minimum of seven activities a day to keep our Residents engaged, involved, and happy! While nobody will be forced to do anything (we respect Resident rights!), all Residents will be invited and encouraged. Please encourage your loved one to participate, and feel free to join us for parties, activities, entertainment, holiday meals, or any other events. Our Residents love hosting their families in their home! Also, if you or another family member has a talent to share with our community, please suggest it to our Activities Director.

GUARDIAN ANGELS

Spring Village at Essex has a program called "Guardian Angels." Each month, each of our staff members (including caregivers, dining services, housekeeping, and all other staff!) is matched up with one or two Residents. They will spend one-on-one time visiting with those Residents. Each Resident can choose a family member, friend or loved one to whom they would like to send a card or note, and their Guardian Angel will help them to write a personal note. Some Residents are able to write their card with a little assistance; others are not able to do so, and their Guardian Angel may ask them or our activities staff to learn

more about what they have been doing, and the note may come from a staff member. We hope you enjoy your cards and notes!

DECORATING YOUR SUITE

Residents adjust much better when they are "nested"—when family has set up their room with personal belongings that make it feel familiar and like home. Photos, house plants, pillows and a comforter, and personal items are all important. While rooms can come furnished, it is often a good idea to bring a favorite chair, as well.

Please be aware that rooms cannot be overloaded with furniture or personal belongings. Both fire codes and safety protocols for falls risk require that we leave clear, open pathways in a room, and that we minimize clutter. It is always at the discretion of the Executive Director to ask families to remove items from a room if it becomes too crowded.

If you have pictures or other items you would like to hang on the walls, please ask us for Command Strip hooks – if possible, we will ask you to use them to avoid too many holes in the walls! If your item is too heavy to be safely hung with these hooks, our Maintenance staff will hang it for you.

WHAT TO BRING

The following is a suggested list of clothing. We ask families to bring in seasonally-appropriate clothing only, because we do have limited closet space in rooms. All of a Resident's belongings must be stored in their own room—we do not have common storage space available. Please be sure to label everything!

Suggested Clothing

Number of Items

Dresses or Trousers

4 - 5

Shoes/Sneakers (washable preferable)	2
Socks	8 - 10
Bathrobe	1
Nightgowns or Pajamas	4
Undergarments	6 - 10
Bras and Slips	3 - 6
Blouses or Shirts	5 - 8
Warm Sweaters	2
Seasonal Items (Hats, Coats, Gloves, Boots, Scarves, etc.)	1 - 2

WHAT NOT TO BRING

If requested, Spring Village at Essex can provide a single bed, a nightstand, a dresser, a chair, and window shades for every Resident, though families are welcome to bring in their own furniture. We also provide bed linens, towels and washcloths, toilet paper, tissues, toothpaste and a toothbrush, shampoo and soap. If your loved one prefers their own products or linens, etc., you are welcome to bring them in. We ask you to please label them.

Please do not bring area rugs, low foot stools, loose bedskirts, or anything else that could create a trip hazard.

We provide a safe, secure home for our Residents. We are a memory care community, and we also have many visitors coming through our doors every day. Therefore, please do not leave valuable items in Residents' rooms, unless those items are jewelry that the Resident does not remove (ie., wedding rings).

We also ask that Residents do not keep substantial amounts of cash in their rooms. There is very little for which your loved one will need cash at Spring

Village at Essex, but if they like to participate in outings that there is a cost associated with, we will call family prior and request this money.

HOUSEKEEPING

We have housekeepers on staff, and they work hard to keep both Resident rooms and common areas clean. Staff will make Resident's beds, vacuum their room, and wipe down their bathroom daily. They will dust, change the bed, and do a more thorough cleaning weekly. Once a month, they will do a "deep cleaning," moving furniture and knickknacks as needed.

LAUNDRY

Personal laundry is done twice a week for our Residents. Each Resident has a laundry basket, and staff will take the basket out, wash the laundry in an individual load, dry, fold, and return it. Upon move in, or when bringing in any new clothing, please be sure to alert staff to any items that cannot go through a regular laundry cycle. Family will be responsible for any hand washing or dry cleaning needs. Please note that, while Resident laundry is done individually, items do occasionally get misplaced. Please be sure to label all items with a Resident's name or initials.

SPRING VILLAGE AT ESSEX SMOKING POLICY

Spring Village at Essex is a non-smoking campus. We ask any staff member or visitor who chooses to smoke to do so in their car, or off property. Residents are able to smoke in the Junction courtyard.

FIRE REGULATIONS

For the safety of all of our Residents, we do not allow any lit candles.

Spring Village at Essex is a "defend in place" building. In the event of an alarm, Residents are asked to stay where they are. Staff will come to check in on each person very quickly, and will either ask them to stay where they are, or will

move them if necessary to keep them safe. Please rest assured that we would keep our Residents safe in the event of a fire. We conduct multiple drills each quarter, on all shifts. So please reassure your loved one that they shouldn't be nervous if they hear the alarm. All of our buildings have smoke alarms and are fully sprinkled.

REQUESTS FOR MAINTENANCE

Our staff works hard to maintain our facilities, and we try to address any maintenance concerns as soon as they come to our attention. If you have a maintenance request, please book it at the Concierge desk or call 872-1700.

CABLE/PHONE/NEWSPAPER SERVICE

Basic Xfinity cable service is available in all rooms. If Residents wish to upgrade, they may call Xfinity directly to contract with them to bring in a cable box for additional channels.

Some Residents choose to have telephones in their rooms. To set up this service, families should call Fairpoint at 1-866-984-2001. Please let them know the Resident's name, building, and room number, and provide them with a billing address. If you have any issues or questions, please call the Concierge Desk for assistance. This will be a payment incurred by the Resident.

Some of our Residents do not have telephones in their rooms. If your family member does not have a phone, you can always call in on the main line, (802) 872-1700, and ask for that Resident. Staff will bring a portable phone to the person with whom you would like to speak. However, please keep in mind that all calls on the main telephone need to be kept to five minutes or less, as this is the line in and out of the building, and we need to keep it open for both operational and emergency purposes. If you feel your loved one will require more phone time, please contact Fairpoint to hook up a private line.

We have the Burlington Free Press delivered daily to each neighborhood. If you would like to set up newspaper service for the Resident, please contact the paper(s) directly, and ask them to be sure to list the Resident's name and building number on the paper. A personal paper will be an additional cost.

TELEPHONE REPAIRS

Please call the Concierge Desk to report any telephone problems. Please note that while we are happy to check things in our end, we cannot call Fairpoint for you; some issues need to be handled by family, who have the contract with Fairpoint. We will work with you to get any problems resolved!

BEAUTY PARLOR

Spring Village at Essex provides the services of a licensed beautician in the beauty parlor. If you would like your loved one scheduled for a visit to the beauty parlor at any time, please call the Concierge Desk. Please note that gratuities are not accepted in our beauty parlor.

RESIDENT COUNCIL

Once each month, we hold a Resident Council meeting. The Director Team meets with the Residents, and checks in on their experience at Spring Village at Essex. This is a great opportunity for Residents to let us know how they like the food and planned activities; to make suggestions; and to give us feedback on housekeeping, laundry, maintenance, and caregiving. In addition, all directors have an open door policy, and Residents and family are ALWAYS welcome to give us feedback. We welcome it!

RESIDENT/FAMILY GRIEVANCE PROCEDURE

In general, our Residents and families are very happy with their experience at Spring Village at Essex. However, as they do in any living situation, issues or concerns may arise from time to time.

Please note that all of our Directors have an open door policy with both Residents and families. You are always welcome to speak with any member of our Team. If you would like to speak with our Executive Director, please feel free to call our main number at (802) 872-1700 anytime. If she is not available, she will return your call as promptly as she can. We welcome your feedback, as we want to make sure all of our Residents are happy in their home.

This handbook is available in the Town Square of our building, and is always available to Residents at their request.

Our team warmly welcomes you and looks forward to getting to know you better!

TO OUR RESIDENTS:

Please remember that Spring Village at Essex is your home. Our philosophy is that it is our job to facilitate your choices in your home. If there is something we can do to make you more comfortable, please let us know!

Assisted Living in Chittenden Count

The Arbors

687 Harbor Road

Shelburne, VT 05482

Phone: (802) 985-8600 Fax: (802) 985-9787

Contact Person: Cathy Michaels www.arborsatshelburne.com

Price Range: \$8,600-\$11,600 (Nursing Home daily rate upon request) plus 1 x community fee of

\$2,500

Bed and Bath: Single and Shared

Specialty Dementia Care: All dementia care

Medicaid- ERC/ACCS: No/No

Cathedral Square

3 Cathedral Square

Burlington, VT 05401

Phone: (802) 859-8842

Fax: (802) 863-6661

Contact Person: Kathyrn Titus

www.cathedral square.org/housing

Price Range: \$3,095-\$4,945/month PLUS rent cost which is \$1,200 market rate or if lower

income, can often get subsidized rent which is 30% of income

Bed and Bath: Private apartments

Specialty Dementia Care: No Medicaid- ERC/ACCS: Yes/Yes

Converse Home

272 Church Street

Burlington, VT 05401

Phone: (802) 862-0401

Fax: (802) 864-4932

Contact Person: Kandace Benedini

www.conversehome.com

Price Range: \$4,500-\$6,625/month and memory care is \$8,100/month plus 1 x community fee

of \$1,500

Bed and Bath: Single and private

Specialty Dementia Care: Yes

Medicaid- ERC/ACCS: Available for internal residents only

Ethan Allen Residence

1200 North Avenue Burlington, VT 05408

Phone: (802) 658-1573 ext. 112

Fax: (802) 497-1597

Contact Person: Mary Mougey www.ethanallenresidence.com

Price Range: \$185/day (\$5,550/month if 30 days) PLUS tiers 1-6 payment which is from \$500-

\$2,100/month

Bed and Bath: Single and shared

Specialty Dementia Care: Yes (but no secured memory unit)

Medicaid- ERC/ACCS: Yes/No

Mansfield Place

18 Carmichael Street

Essex Junction, VT 05452

Phone: (802) 871-5808 Fax: (802) 662-4448

Contact Person: Laurie Malenfant https://mansfieldplacevt.com

Price Range: \$ 3,995-\$6,900/month and memory care is \$7,600-\$7,800/month plus 1 x

community fee of \$1,000

Bed and Bath: Private apartments Specialty Dementia Care: Yes

Medicaid- ERC/ACCS: May consider ERC after 2 years private pay/ NO

Our Lady of Providence

47 West Spring Street

Winooski, VT 05404

Phone: (802) 655-2395 Fax: (802) 655-3888

Contact Person: Gail Potter

http://www.ourladyofprovidence.org

Price Range: \$162 - \$202/day (or about \$4,860- \$6,060/month if 30 days)

Bed and Bath: Single beds and private baths

Specialty Dementia Care: No Medicaid- ERC/ACCS: Yes/Yes

Pillsbury Manor- Gazebo Apartments

1510 Williston Road

South Burlington, VT 05403

Phone: (802) 861-3750 Fax: (802) 863-9728

Contact Person: Erin Knox www.pillsburymanor.com

Price Ranges: \$3,650- \$5,750 plus 1 x community fee of \$1,500

Bed and Bath: Private bed and bath

Specialty Dementia Care: No Medicaid- ERC/ACCS: No/No

Pillsbury Manor- North

1530 Williston Road

South Burlington, VT 05403

Phone: (802) 861-3750 Fax: (802) 863-9728

Contact Person: Erin Knox www.pillsburymanor.com

Price Ranges: \$4,500-\$6,400/month plus 1 x community fee of \$1,500

Bed and Bath: Private bed and bath

Specialty Dementia Care: No Medicaid ERC/ACCS: No/No

Pillsbury Manor- South

20 Harbor View Road

South Burlington, VT 05403

Phone: (802) 861-3750 Fax: (802) 863-9728

Contact Person: Erin Knox www.pillsburymanor.com

Price Ranges: \$4,500- \$7,200/month plus 1 x community fee of \$1,500

Bed and Bath: Private bed and bath

Specialty Dementia Care: No Medicaid ERC/ACCS: No/No

The Residence at Quarry Hill

585 S. Prospect Street Burlington, VT 05401 Phone: (802) 652-4114

Fax: (802) 652-4122

Contact Person: Rachel Stadfeld http://residencequarryhill.com

Price Range: \$5,500-\$7,950/month (second person fee-\$1,800) and \$7,000-\$8,750/month for

memory care (second person fee-\$2,300) plus 1 x community fee of \$2,500

Bed and Bath: Private apartments Specialty Dementia Care: Yes Medicaid- ERC/ACCS: No/No

Spring Village at Essex

6 Freeman Woods

Essex, VT 05451

Phone: (802) 872-1700 Fax: (802) 872-6400

Contact Person: Carrie Shamel www.springvillageessex.com

Price Range: \$6,500-\$9,500/month plus 1 x community fee of \$3,000

Bed and Bath: Private and some shared apartments

Specialty Dementia Care: All memory care

Medicaid- ERC/ACCS: No/No

St. Joseph's

243 North Prospect Street

Burlington, VT 05401 Phone: (802) 864-0264

Fax: (802) 864-5640

Contact Person: Sora Linda or Mary Belanger

www.vermontcatholic.org

Price Range: \$2,995-\$3,962/month Bed and Bath: Private and shared

Specialty Dementia Care: No Medicaid- ERC/ACCS: Yes/Yes

Shelburne Bay- The Lodge

185 Pine Haven Shore Road

Shelburne, VT 05482

Phone: (802) 985-9847

Fax: (802) 985-1438

Contact Person: Cathy Stroutsos

www.shelburnebay.com

Price Range: \$6,105-\$9,870 plus 1 x community fee of \$2,500

Bed and Bath: Private apartments

Medicaid- ERC/ACCS: No/No

Sterling House at Richmond

61 Farr Road

Richmond, VT 05477

Phone: (802) 434-7181

Fax: (802) 434-7161

Contact Person: Rachael Parker

www.sterlinghouseatrichmond.com

Price Range: \$4,100/month

Bed and Bath: All single and private

Specialty Dementia Care: No Medicaid- ERC/ACCS: Yes/No

NOTE: Information updated as of July 18, 2016.

0	How did you decide on Spring Village/Maple Ridge for your loved one?				
	Gathered info from web sites on Chittenden county facilities. I had a little info				
fro	meetings I attended.				
	The state of the s				

Toured Mansfield Place (Laurie Workman) and Maple Ridge (Spring Village, Carrie Rae Shamel).

- What went into your decision making? current mental ability, social function, would adapt to this a new environment, programming, care. There were no Medicare beds at this facility. Family access was very good.
- At what point did you see the Residency Agreement?
 along with many other papers, resident profile.
- How did the verbal promises you received about Spring Village differ from the Residency
- Agreement? Did it seem consistent to you? How did you view the section of the Agreement that
 references reasons for discharge?
 Totally different. Yes it was inconsistent. I will cross that bridge when I come

wrestling with many immediate issues that I gave discharge little attention. I discussed my concern with Emma Gonsalves, I felt I had limited resources and I did not know how long would need a facility like Spring Village. She told me that their facility had no plans to have Medicare beds and if families made their financial situation aware to her there may be things she could do help the person stay. Place the person in a double room etc. She talked about how Spring Village wanted to help patients through end of life. She showed me the brochure.

 How did the changes in policy at Spring Village effect your loved one? Effect you as a family member/care giver?

To me devastating. We did not tell the patient, or talk to the caregivers about it. I did not want upset by it. I thought it would be cruel to move her at this stage of her disease. All the level 4 facilities were more difficult for family to visit. I do want her to feel abandon by her family.

My understanding of levels of care was only how they affected pricing. There was never any other information given.

care levels in Vermont are the reverse of standard Medical care levels.

I always felt the state regulations and inspections were protecting the consumer I never knew they could be used to disrupt a patients care.



To: Renner, Jamie Subject: Hi Jamie, would like to speak with you and is home all day today. She asks that you email her with a time before calling her. It takes her a bit of time to get to the phone so she wants to be prepared. phone number is Thank you, Wendy **From:** Renner, Jamie [mailto:Jamie.Renner@vermont.gov] Sent: To: Wendy Rowe < WRowe@vtlegalaid.org> Subject: RE: I understand completely. Thanks for the update. -lamie **From:** Wendy Rowe < <u>WRowe@vtlegalaid.org</u>> Sent: **To:** Renner, Jamie < <u>Jamie.Renner@vermont.gov</u>> Subject: Hi Jamie, wants to speak with me before she speaks with you. Her reluctance is similar to in that she worries about rocking the boat in what she feels like a precarious situation for was approved for a variance and was never issued a discharge notice, though was quite worried about that possibility. I will share an excerpt from her email to me: situation has been resolved and I have been told (but not in writing) that MR wants him to stay til end of life. I feel like I am in a difficult position. Maybe I could just talk with you about this. I so appreciated your support and want to be of assistance if I can. At the same time I don't want to jeopardize stay at MR, he really is happy there and while I know that in the future he may need more skilled nursing, I am just trying to keep things positive and hang in there. I'll be back in touch after and I connect. Thanks. Wendy VT Long-term Care Ombudsman Program Vermont Legal Aid 264 N. Winooski Avenue Burlington, VT 05402 802-448-1690

From:

Fax 802-863-7152

Wendy Rowe

From: Renner, Jamie "Wendy Rowe" To: Subject: I understand completely. Thanks for the update. From: Wendy Rowe < WRowe@vtlegalaid.org> Sent: **To:** Renner, Jamie < Jamie. Renner@vermont.gov> Subject: Hi Jamie, wants to speak with me before she speaks with you. Her reluctance is similar to in that she worries about rocking the boat in what she feels like a precarious situation for was approved for a variance and was never issued a discharge notice, though was guite worried about that possibility. I will share an excerpt from her email to me: situation has been resolved and I have been told (but not in writing) that MR wants him to stay til end of life. I feel like I am in a difficult position. Maybe I could just talk with you about this. I so appreciated your support and want to be of assistance if I can. At the same time I don't want to jeopardize stay at MR, he really is happy there and while I know that in the future he may need more skilled nursing, I am just trying to keep things positive and hang in there. I'll be back in touch after and I connect. Thanks. Wendy VT Long-term Care Ombudsman Program Vermont Legal Aid 264 N. Winooski Avenue Burlington, VT 05402 802-448-1690

Fax 802-863-7152

From:	Wendy Rowe
To:	Renner, Jamie
Subject: Date:	
Hi Jamie,	
	wants to speak with me before she speaks with you. Her reluctance is similar to
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Thanks,	
Wendy	
VT Long-term	Care Ombudsman Program
Vermont Lega	l Aid
264 N. Winoo	ski Avenue
Burlington, VT	05402
802-448-1690	

Fax 802-863-7152

From: To: Subject: Date:	Wendy Rowe Renner, Jamie Updates
Hi Jamie,	
I've contacte	
named communication Good Morni	ng Wendy,
Great to hea	·
	nore than happy to speak with anyone in your office, or the AG's Office. In to a 10:00am meeting now, but would like to leave my contact information for
. Т	his email would be fine for anyone to use, or, during the day, my direct number is his is a private voice mail, so feel free to leave a message. or checking in.
last Friday fo year but is c	otice that Maple Ridge issued another 30-day involuntary discharge notice to a resident or exceeding their level of care. This is someone who has been on hospice over the past urrently not on hospice. This resident's have decided to move a nursing home and they are not interested in making an appeal. The has eements with Maple Ridge's approach to and is tired of fighting with
_	told me yesterday that private pay funds will be exhausted in the near
	ey were going to need to move her in any event.
	e know if there are any other ways I can assist you with contacts or information.
Thank you,	
Wendy	
_	m Care Ombudsman Program
Vermont Le	
	ooski Avenue
Burlington,	
802-448-169	9 U

Fax 802-863-7152

From: Sean Londergan
To: Renner, Jamie
Subject:

Jamie:

email sent today.

Sean

Sean Londergan
State Long Term Care Ombudsman
Long Term Care Ombudsman Project
Vermont Legal Aid
264 North Winooski Avenue
Burlington, VT 05401
slondergan@vtlegalaid.org

800-899-2047 802-383-2227 From:
To: Wendy Rowe; Sean Londergan
Subject: SV notes

Date:

Attachments: sv notes.pdf

Hi,

I'm attaching some scanned copies from notes took from our May 21st meeting with Katy Lemery and Teri Litchfield; the section of the note that states, "Ask for break-down of specifics..." is something I wrote prior to the meeting. I'm sorry there are no dates on the actual notes.

I also included a scan of Spring Village's Level of Care Descriptions. I can't say exactly when I received this but I suspect it was prior to being accepted at Spring Village. The handwritten notes on it are mine; I'm guessing I wrote those around the time of intake (At the time, I was mainly concerned about the extra cost "Enhanced Care" might entail. I believe I wrote "Hospice" there because mentioned this as something people did and that it was covered by Medicare, I believe).

Please note that Level Three mentions "Full assistance" several times. No one ever said at the time that full assistance was limited to one staff person.

Thanks,



LEVEL OF CARE DESCRIPTIONS

The community's levels of are for Alzheimer's and dementia care are designed for residents who require or prefer more frequent and intensive assistance with activities of daily living, as determined by the personalized assessment. These levels are in addition to the memory care base fee. These descriptions are intended to be used as a guideline. Residents' needs may not fall completely into one level.

LEVEL ONE (Descriptions listed are intended as a guideline)

- 1. Cueing and set up with bathing or showering
- 2. Cueing with dressing, clothes selection and orientation
- 3. Stand by assistance with grooming, including but not limited to hair and teeth brushing, shaving, etc.
- 4. Independent with feeding
- 5. Independent with walking
- 6. Exhibiting behaviors occasionally requiring staff intervention and redirection

LEVEL TWO (Descriptions listed are intended as a guideline)

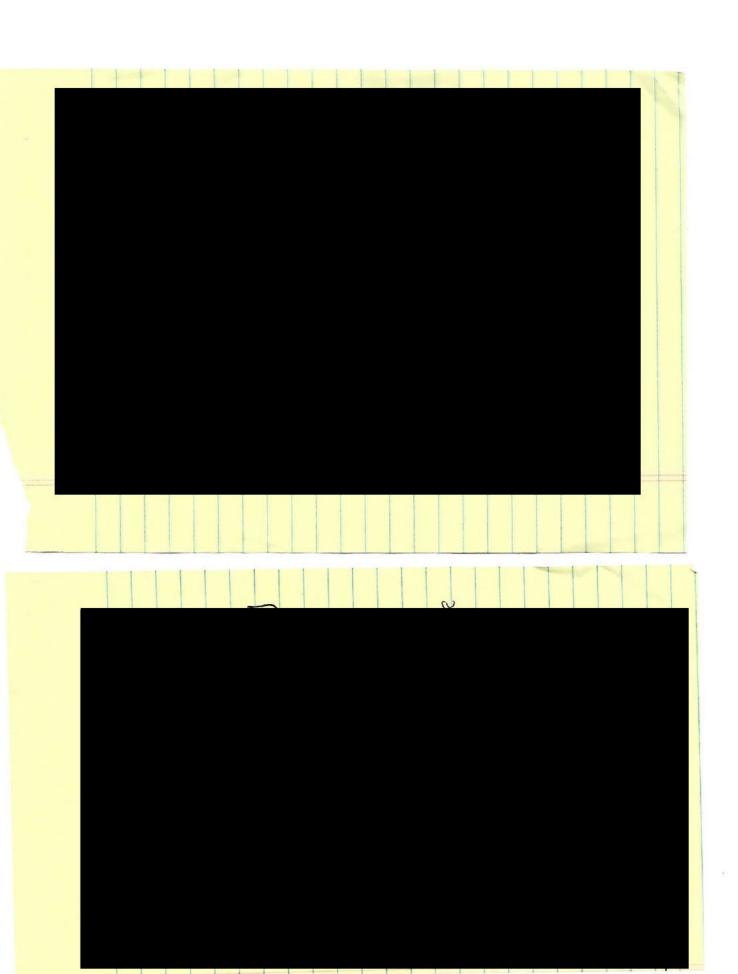
- Physical assistance with bathing or showering
- 2. Physical assistance with dressing, clothes selection and orientation
- 3. Physical assistance with grooming, including but not limited to hair and teeth brushing, shaving, etc.
- 4. Requiring cueing and set up for feeding
- 5. Physical assistance with walking, wheelchair propelling, and prescribed exercises
- 6. Exhibiting behaviors frequently requiring staff intervention and redirection

LEVEL THREE (Descriptions listed are intended as a guideline)

- 1. Full assistance with bathing and showering
- 2. Full assistance with dressing, clothing selection and orientation
- 3. Full assistance with grooming, including but not limited to hair and teeth brushing, shaving, etc.
- 4. Physical assistance with feeding
- 5. Full staff assistance with transferring from chairs to bed, toilet, etc.
- 6. Exhibiting behaviors consistently requiring staff intervention and redirection

ENHANCED CARE .-

Required when more physical assistance is required than level three, and/or when an individual is exhibiting behaviors that exceed the ability of staff.



From: To:	Wendy Rowe; Sean Londergan
Subject: Date:	Fwd:
Hi,	
decision to	rd an email between Katy Lemery and myself regarding fee schedule at SV and the move to Level III. There is also a mention of the \$3000 credit.
From:	>
Date: Subject:	
~	emery@springvillageessex.com>
Hi Katy,	
Congratula	tions on becoming Executive Director!
	eceived a letter from Angela Pelletier regarding an increase in to email her but decided to send it your way since you are the new Director.

I had been expecting an increase in although, Angela's letter does state that Spring Village will be increasing rate to Level II plus your Incontinence Program, for a total increase of \$1250/month (total amount = \$7750). has been at Level II (\$7000) since his admission to Spring Village. I had been expecting a bump up to Level III at some point, which, I believe, includes the Incontinence Program.

Here's my confusion: the Residency Agreement isn't clear whether the difference between the base rate and Level III is \$800 or \$1300/month. I specifically remember asking Carrie whether the cost of Level III was \$800 in addition to the \$500 of Level II, for a total of \$7800, or if the increase to Level II was just \$800, for a total of \$7300. I remember the answer being \$7300.

I appreciate that there may have been miscommunication, but I'm certain I asked since the difference isn't insignificant. I also appreciate the rates are what they are, so in the interest of clarity moving forward, and to help in terms of my family's financial planning, how much does Spring Village's Level III level of care cost in total above the base rate. In other words, if were to require Level III, what would the total monthly cost be? And does Level III still include the Incontinence Program?

Also, what can we expect in terms of rate increases in the future? The Residency Agreement states the Base Fee is not to exceed 5% per year. Does this rate increase limit also apply to the Level of Care Fees as well?

One last item: my invoices from Spring Village state that we have a \$3000 credit due (Sheindie is aware of this and was looking into into it). I didn't want to decrease this from our next monthly payment until I was sure it was accurate.

Thanks for your help. And again, congratulations!

Best regards,

From:
To: Wendy Rowe; Sean Londergan
Subject: Fwd:
Date:
Attachments:

From:
Subject:
To:

Maybe something to read on plane. If you get this. Or we can fill it out tonight and drop it off at spring village tomorrow. Can't wait to see ya

Sent from my iPad

Begin forwarded message:

From: < carrie.shamel@springvillageessex.com>

Date: To: '

Subject: RE: Thursday

HI

Here is the profile. If you could get this back to me Wed afternoon that would be awesome.

I will call office and find out if someone from their office can come by at 4 p.m.

Wow, you have a very busy week!

Best-Carrie Rae

P.S. DO you suspect will stay for dinner on Thursday?

Carrie Rae Shamel
Spring Village at Essex
Director of Community Relations
Gerontology Certified
802-872- 1700
carrie.shamel@springvillageessex.com

ubject: Re: Thursday rom: ate: c: carrie.shamel@springvillageessex.com
i Carrie,
you could send me an electronic version of the Resident profile that rould be great. Can get it done on Wednesday. I don't if we an make it up to Spring Village by 1:30 on Thursday. Possibly. I'm retty sure Can get it done on Wednesday. I don't if we can make it up to Spring Village by 1:30 on Thursday. Possibly. I'm could see Can at 4:00. opefully if we can't make it by 1:30 the NP will still be still be able to see him.
at the airport. We'll drive down to MA on Wednesday and drive up on Thursday. 1:30 is certainly possible but if there is any to make it a little later in the afternoon that would be great. It ould certainly make it less stressful in the event the trip ends up ower going than we hope.
hank You,
ent from my iPad
n Mar 20, 2017, at 12:26 PM, carrie.shamel@springvillageessex.com wrote:
hi (again)
I spoke to office last week and it sounds like the

I spoke to office last week and it sounds like the Nurse Practicioner is planning to be at Spring Village at 1:30. Is that reasonable to get him here by then?

We will have the prorated bill for you to pay Thursday. We are considering him a Level 2 care (additioanl \$500 dollars over base fee) but we may need to re-evaulate this as we have not met him yet.

Did I give you the Resident Profile that includes info on his history, background, likes and dislikes? It is a 4-5 page document. If you could fill it out and get to back to me as soon as possible, that would be terrific. (If you did not, let me know and I can send you one electronically)

Let me know if you have other questions. Just a reminder- it would be terrific if his clothes can be labeled with initials.

Best and safe travels, Carrie Rae Carrie Rae Shamel
Spring Village at Essex
Director of Community Relations
Gerontology Certified
802-872- 1700
carrie.shamel@springvillageessex.com
<icon_sm_facebook.gif>

----- Original Message ------Subject: Payments to Spring Village From: , Carrie Shamel <carrie.shamel@springvillageessex.com> Cc: Hello , as you know will be moving to Spring Village on the 23rd. I wanted to be sure that we could set up a payment schedule similar to the arrangement had with Concord Park. Carrie can probably provide with the best information in terms of making sure Spring Village gets paid (Thanks Carrie). I talked to since we will need her to approve any payments. Thank you all.

Sent from my iPad



Spring Village at Essex	Resident Profile
Part and a second	
Resident Name:	-
Dear Resident:	
interested to learn your story. Please take best individualized service that is customiz accomplishments, losses, or whatever you feel comfortable answering a question, please	at each person has a unique life story and we are very the time to tell us about yourself so that we can offer the zed for you. Include experiences, stories, celebrations, a think important about you yesterday and today. If you do not ease feel free to skip it. (If you are completing this information and on your knowledge of what your loved one prefers.)
What name do you prefer Spring Village St	taff use in addressing you
Languages that you speak	

PHOTO

Resident Profile for:
We also want to understand your preferences (or dislikes) so we make the environment more suitable to your tastes and make it feel more like home. To do that, we would like to ask some questions about things you enjoy (or don't enjoy):
SIGHTS: (e.g. Pets, Old Family Photos, Fresh Flowers)
SOUNDS: (e.g. Elvis Presley Music, Birds, Choirs, The Ocean, Favorite Song)
SCENTS: (e.g. Lavender, Vanilla, Bread Baking)
SPECIAL ITEMS: (e.g. Pets, Favorite Throw, Jacket, Hat)
What things tend to annoy or bother you?
What things comfort you?
Tell us any things that frighten you. What are your ways of coping with stress?
What are your ways of coping with stress?

Resident Profile for:							
What s	tands out to you	ı when you thi	nk about	different times	of your life?		
CHILDH	IOOD/YOUTH						
	Born & Raised	Family Event	Tradit	tions & Foods	Vacations	Church or Religion	
	School Educat	ion Experience	s Childl	nood Friends	Hobbies	Sports Recreation	
	Place of birth_						
	Sibling(s)						
ADULT	/WORKING LIFE						
	Family Marriage Events Trad			tions & Foods	Vacations	Church or Religion	
	Occupations	Careers Mil	itary Ser	vice Organ	nizations Me	mbership Friends	
	Hobbies	Sports Recre	eation	Volunteering	Musical Ins	truments	
	Marital Status_						

Places you lived_____

Resident	t Profile for:
RETIREN	MENT/RECENT YEARS
I	Family Marriage Events Traditions & Foods Vacations Church or Religion
I	Place of Residence Travel Work or Volunteer Involvement Musical Instruments
-	
-	
-	
(Closest relationships
Diet:	Food Allergies:
Meals ar request.	re provided at the times indicated below & snacks are provided throughout the day and/or upon .
Food Pre	eferences: Please describe typical meals and preferences/dislikes
1	Breakfast (8:00 AM)
1	Lunch (12:00 PM)
1	Dinner (5:00 PM)
9	Snack preferences:
Special i	instruction: (needs help cutting tough items, special utensils, cueing, reminding, no distractions,
	g: Please describe assistance needed:
Bladder:	: Continent Incontinent Independent Reminders Cueing
Assistan	ceProducts Used
Bowel: C	Continent Incontinent Independent Reminders Cueing
Assistan	ce Products Used
Typical s	schedule/patterns:

Resident Profile for:	
Resident Profile for:	

24 HOUR/DAILY CALENDAR: Tell us about a typical day with your preferred activities and routine

	Wake Up Time	
Morining	Routine	
	Tasks	
	Timing	
	Favorite	
Breakfast	Breakfast	
	With Others	
	or Alone	
	Interests	
	Times of Rest	
Mid-	Tasks	
Morning	Favorite	
	Snacks	
	Timing	
	Favorite Lunch/	
Lunch	Dessert	
	With Others	
	or Alone	
	Interests	
	Rest Times	
Afternoon	Tasks	
	Favorite	
	Snacks	
	Timing	
	Favorite Dinner	
Dinner	/Dessert	
	With Others	
	or Alone	
Lata	Interests	
Late Evening	Sleeping Time	
LVCIIIIg	Typical Routine	
	Night-time	
	Snacks or Drink	
Night	Sleep Patterns	
	Things that Help	
	You Sleep	

CALENDAR:	What are the important dates and memories that stand out for you?			
Examples:	Birthdays, anniversary(ies), Holidays, Significant Life Event or Special Foods Enjoyed Around These Events			
January				
February				
March				
April				
May				
June				
July				
August				
September				
October				
November				
December				
WEEKLY CALENDAR: Examples:	What are your preferred acitivities and routine throughout the week? Church, Favorite TV Program, Visits with Family, Hair Salon Day.			
Sunday				
Monday				
Tuesday				
Wednesday				
Thursday				
Friday				
Saturday				

Resident Profile for:

ANNUAL

Resident Profile for:				
A ativitiae a	of Doily Living	ADI'sı Dio	asa dasariba a	esistance needed with the following:
				ssistance needed with the following:
Dressing:	Independent	Cueing	Reminder	Assistance
· ·	Independent	J		Assistance
Ambulatio	n and Assistive	Devices:		
Resident u	ıses:			
Walker		Can	e	Wheelchair
Hearing ai	ids	Glass	es	Dentures
	any other infor	•		e helpful to
What pron	npts Resident to	o smile, be	happy or laug	gh?
	like to ask one			were three (3) things we could do to delight you, what
Completed	d by:			
Relationsh	nip:			

Resident Profile for:	
THANK YOU for taking time to tell us about ask and as you think of something else we	at yourself. As we get to know you better, we will continue to always want to know.
Sincerely,	
Spring Village at Essex Team	
This area is for Spring Village use only:	
I acknowledge that I have read this inform	nation: It will be used to gather information to
Develop and update a Service Plan unique	e to each resident at Spring Village. All Information will
Be handled in a confidential manner.	
Executive Director	Activity Director
Head Concierge	Food Service Director
Community Relations Director	Maintenance Director
Business Office Manager	Director of Nursing
Memory Care Coordinator	

Da	o: ubject: ate: ttachments:	Wendy Rowe; Sean Londergan Fwd:
Fr Da Su		arded messageshamel@springvillageessex.com>
re ab Th	have been co espond to her bout setting (ommunicating with via email, although she is correct that it is my turn to r. If 3/23 is best for the property of the property
Sp Di Ge 80	erontology C 02-872- 1700	at Essex mmunity Relations ertified
	Subject: From:	ginal Message Shamel < <u>carrie.shamel@springvillageessex.com</u> >
	I am just wo Village. I th 23 would be	ondering how things are looking in terms of moving to Spring ink Concord Park will need to know a move in date fairly soon. March e ideal in terms of schedule. Let us know how this sounds anything else we need to do to finalize this process.
	Thanks,	
	Sent from n	ny iPad

From:

Hello

Cc:

<<u>carrie.shamel@springvillageessex.com</u>>

, as you know will be moving to Spring Village on the 23rd. I wanted to be sure that we could set up a payment schedule similar to the arrangement had with Concord Park.

Carrie can probably provide with the best information in terms of making sure Spring Village gets paid (Thanks Carrie).

I talked to since we will need her to approve any payments.

Thank you all.

187

Sent from my iPad

From:
To: Wendy Rowe; Sean Londergan

Subject: Fwd: Checking in **Date:**

Attachments:

----- Forwarded message -----

From: <<u>carrie.shamel@springvillageessex.com</u>>

Date:

Subject: Checking in

To:

How is it going? How do you think is doing so far? He seems to be adjusting okay. I was sorry to hear he continues to fall out of bed!

Anyhow, I am just reaching out to ask if you have any intention of placing a chair in his room? We may have one floating around here too that we could put in there. We are just thinking it would be nice for him to have a place to sit besides the bed and the wheelchair.

I hope you had a nice visit with your sister!

Take care and I am sure we will see you again soon.

Best-Carrie Rae

Carrie Rae Shamel
Spring Village at Essex
Director of Community Relations
Gerontology Certified
802-872- 1700
carrie.shamel@springvillageessex.com

From:	
То:	Wendy Rowe; Sean Londergan
Subject:	Fwd: Checking In

Date: **Attachments:**

----- Forwarded message -----From: <<u>carrie.shamel@springvillageessex.com</u>>

Date:

Subject: Checking In

To:

I just wanted to say hello & check in on how is doing? I had a nice talk with last week and sounds like a great match for us. We look forward to meeting him next month! Be in touch when you can, Thanks! Carrie Rae

Carrie Rae Shamel Spring Village at Essex Director of Community Relations Gerontology Certified 802-872- 1700 carrie.shamel@springvillageessex.com

From: To:

Wendy Rowe; Sean Londergan

Subject:

Fwd: Spring Village

Date:

----- Forwarded message -----

From:

Date:

Subject: Re: Spring Village

To: Mary Baum < mbaum@concordpark.net >

I will try to get some clarification. Thanks Mary.

Sent from my iPad

On

Mary Baum < mbaum@concordpark.net > wrote:



I have sent several e-mails (as you know as I cc'd you) to Carrie at Spring Hill. Do you know where they are at with the assessment process?. I asked Carrie to call me if she needed more information or clarification on the Service Plan/Assessment I had sent her on Monday.

Have you confirmed a move date with Spring Village? I don't wish for anything on our end to be holding up the process for you.

Mary

--

Mary Baum

Compass Program Director

Concord Park, a Volunteers of America Community

68 Commonwealth Avenue, Concord, MA 01742

P: 978-369-4728 | F: 978-369-5381



Check out our Facebook Page!

Subject: Fwd:
Hi Wendy and Sean,
I'm going to forward all my email correspondence between Carrie Shamel and myself prior to having moving into Spring Village. It's not too many, I hope. They give some context condition as well conversation about setting up a Skype meeting between Carrie and Mary Baum, the Program Director at Concord Park.
Thanks,
From: Date: Subject: To: Carrie Shamel < carrie.shamel@springvillageessex.com >, Mary Baum < mbaum@concordpark.net >,
Hello All,
I'm wondering if nursing assessment for Spring Village has been done yet. Hopefully it went well.
are trying to coordinate a date to move from Concord Park to Spring Village. The tentative date has been March 8th. said Concord Park has some flexibility should this date need to be extended by a week-or-two.
would like/need for her to be involved in helping with moving Unfortunately she had job commitments from March 5 to March 17. The best dates for us the would be either March 2 or March 23. to make travel arrangements so we're hoping to have a definitive date as soon as possible.
Please let us know if there is anything we need to do to help facilitate this process. Feel free to call or email
Carrie, I can drop off the Residency Agreement whenever you need (I can stop by tomorrow)
Thank You,

From:

 From:
 Sean Londergan

 To:
 Renner, Jamie

 Subject:
 FW: Meeting follow-up

Date:

From:	Sean	Londergan
FI VIII.	Scall	LUTTUCTEATT

Sent:

To:

Cc: Wendy Rowe < WRowe@vtlegalaid.org>

Subject: Meeting follow-up

Hello:

I received a message from today. They wanted me to pass along two things:

First, they wanted me to express their gratitude for meeting with them to discuss your concerns and experiences with Spring Village. They are very appreciative of the time that each of you took to meet and talk with them (Wendy and I also want to thank you for all your efforts. We think that it is important for the AG's office to hear what you have to say).

Second, Jamie wanted me to remind you that if have or find any of the following, to please forward the documents or information to him (via Wendy and/or myself):

- Copies of any marketing materials Spring Village ("SV") provided to you, including any informational packet/materials SV provided to you during your early visits to the facility.
- Copies of any emails or correspondences you have from SV representatives (and former SV representatives) that refer to or discuss in any manner the extent to which Spring Village could care for your loved ones, or any limitations on SV's ability to do the same. This would include emails from before and after your loved ones were admitted as residents at SV, and up through/beyond notices of discharge, where relevant.
- Copies of any notes you took (contemporaneously) of conversations you had w Spring Village representatives regarding the extent to which Spring Village could care for your loved ones (or limitations on SV's ability to do the same). This would include notes regarding conversations relating to admission and possible discharge.

If you have any questions, please do not hesitate to contact me.

Thank you very much.

Sean

Sean Londergan

State Long Term Care Ombudsman

Long Term Care Ombudsman Project

Vermont Legal Aid

264 North Winooski Avenue

Burlington, VT 05401

slondergan@vtlegalaid.org

800-899-2047

802-383-2227

 From:
 Renner, Jamie

 To:
 "Sean Londergan"

 Subject:
 RE: Meeting follow-up

Date:

Nothing to add to this. Thanks again.

-Jamie

From: Sean Londergan <SLondergan@vtlegalaid.org>

Sent:

To: Renner, Jamie < Jamie. Renner@vermont.gov>

Subject: FW: Meeting follow-up

From: Sean Londergan

Sent:

To:

Cc: Wendy Rowe < <u>WRowe@vtlegalaid.org</u>>

Subject: Meeting follow-up

Hello:

I received a message from today. They wanted me to pass along two things:

First, they wanted me to express their gratitude for meeting with them to discuss your concerns and experiences with Spring Village. They are very appreciative of the time that each of you took to meet and talk with them (Wendy and I also want to thank you for all your efforts. We think that it is important for the AG's office to hear what you have to say).

Second, Jamie wanted me to remind you that if have or find any of the following, to please forward the documents or information to him (via Wendy and/or myself):

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If you have any questions, please do not hesitate to contact me.

Thank you very much.

Sean

Sean Londergan

State Long Term Care Ombudsman

Long Term Care Ombudsman Project

Vermont Legal Aid

264 North Winooski Avenue

Burlington, VT 05401

slondergan@vtlegalaid.org

800-899-2047 802-383-2227

From: Sean Londergan To: Subject: Re: Follow up Date: Works for us too. On Aug 21, 2018 3:20 PM, ' wrote: it does for me From: Renner, Jamie Sent: Tuesday, August 21, 2018 9:22:27 AM To: Sean Londergan Cc: Subject: RE: Follow up Could tomorrow at 11:30 work for you & Wendy? -Jamie From: Sean Londergan <SLondergan@vtlegalaid.org> Sent: To: Renner, Jamie < Jamie.Renner@vermont.gov> Subject: Re: Follow up Jaime: I can do those two things. Wendy is out of the office for a days. We would have some availability next Thursday in the PM. Also on Friday we are free. We also have some time on Wednesday - 11:30 to 2:00 and 3:00 to 4:00. If these days do not work, just let me know. Thanks. Sean On , "Renner, Jamie" < Jamie.Renner@vermont.gov > wrote: Sean, Thank you for facilitating our introduction to yesterday to digest what they relayed to us, I'm wondering if you wouldn't mind doing two things on our behalf: First, please relay to each of them our sincere gratitude for sharing their concerns with us.

Second, by way of follow up to requests we made to them in person yesterday, could you please ask them for:

- Copies of any marketing materials Spring Village ("SV") provided to them, including any informational packet/materials SV provided them during their early visits to the facility;
- Copies of any emails or correspondences they have from SV representatives (and former SV representatives) that refer to or discuss in any manner the extent to which Spring Village could care for their loved ones, or any limitations on SV's ability to do the same. This would include emails from before and after their loved ones were admitted as residents there, and up through/beyond notices of discharge, where relevant. This would also include the email to from Ms. Shamel.
- Copies of any notes they took (contemporaneously) of conversations they had w Spring Village representatives regarding the extent to which Spring Village could care for their loved ones (or limitations on SV's ability to do the same). This would include notes regarding

conversations relating to admission and possible discharge.

Please let me know if it would be helpful for me to clarify any of these requests. In the meantime, do you and Wendy have some time next week to debrief on what we heard yesterday?

-Jamie

From: Sean Londergan
To: Renner, Jamie

Subject: RE: Follow up - Maple Ridge

Date:

Jamie:

I wanted to let you know that an ombudsman received a communication (from the spouse of the third individual who passed away before a discharge notice was ever issued) that more Maple Ridge residents have been asked to leave the facility.

I have not been able to confirm that (our office does not have to be notified of involuntary discharges from residential care homes) and my office is thinking how best to proceed.

I just wanted to let you know of the possibility of more discharges given our last communication.

Sean

From: Renner, Jamie [mailto:Jamie.Renner@vermont.gov]

Sent:

To: Sean Londergan <SLondergan@vtlegalaid.org>

Subject: Re: Follow up - Maple Ridge

Thanks. Just wanted to make sure I was reading the lay of the land correctly.

On Sean Londergan <<u>SLondergan@vtlegalaid.org</u>> wrote:

Jamie:

Responding to your questions as follows:

- 1. Yes, only one of the three residents that you have information about is currently appealing a discharge.
- 2. The appeal is ongoing. The resident lost at the first level of appeal (which is made to DAIL). The resident made a second level appeal to the Human Services Board. A hearing on that appeal is scheduled for September 26. The resident can remain in the facility pending the appeal.
- 3. Yes, it is resolved in the sense that particular appeal has been defeated. The facility has not made another attempt to discharge to this point.
- 4. Yes. The spouse for the 3rd resident died before a discharge notice was issued.
- 5. No. There are no other Maple Ridge residents facing discharge that our Office is aware of.

Sean

From: Renner, Jamie [mailto:Jamie.Renner@vermont.gov]

Sent:

To: Sean Londergan <<u>SLondergan@vtlegalaid.org</u>>

Subject: Follow up - Maple Ridge

Sean,

It seems that, of the 3 Maple Ridge / former Spring Village residents about whom you sent me information, only 1 is in the process of appealing a discharge notice. Is that accurate? Has there been a result in that matter?

It looks like you successfully appealed a discharge attempt regarding one of the other residents. Is that matter now resolved?

It seems that the spouse of the third individual passed away before a discharge notice was ever issued to her. Is that true?

Are there any other Maple Ridge residents currently facing discharge notices that you're aware of?

-Jamie

Jamie Renner

Assistant Attorney General
Office of the Vermont Attorney General

109 State Street

Montpelier VT 05609-1001

802-828-5947 (direct)

From: Renner, Jamie
To: Sean Londergan

Subject: Re: Follow up - Maple Ridge

Date:

Sean,

Thank you for this information.

-Jamie

On

, Sean Londergan <<u>SLondergan@vtlegalaid.org</u>> wrote:

Jamie:

I wanted to let you know that an ombudsman received a communication (from the spouse of the third individual who passed away before a discharge notice was ever issued) that more Maple Ridge residents have been asked to leave the facility. I have not been able to confirm that (our office does not have to be notified of involuntary discharges from residential care homes) and my office is thinking how best to proceed.

I just wanted to let you know of the possibility of more discharges given our last communication.

Sean

From: Renner, Jamie [mailto:Jamie.Renner@vermont.gov]

Sent:

To: Sean Londergan <<u>SLondergan@vtlegalaid.org</u>>

Subject: Re: Follow up - Maple Ridge

Thanks. Just wanted to make sure I was reading the lay of the land correctly.

On

Sean Londergan <<u>SLondergan@vtlegalaid.org</u>> wrote:

Jamie:

Responding to your questions as follows:

- <!--[if !supportLists]-->1. <!--[endif]-->Yes, only one of the three residents that you have information about is currently appealing a discharge.
- <!--[if !supportLists]-->2. <!--[endif]-->The appeal is ongoing. The resident lost at the first level of appeal (which is made to DAIL). The resident made a second level appeal to the Human Services Board. A hearing on that appeal is scheduled for September 26. The resident can remain in the facility pending the appeal.
- <!--[if !supportLists]-->3. <!--[endif]-->Yes, it is resolved in the sense that particular appeal has been defeated. The facility has not made another attempt to discharge to this point.
- <!--[if !supportLists]-->4. <!--[endif]-->Yes. The spouse for the 3rd resident died before a discharge notice was issued.
- <!--[if !supportLists]-->5. <!--[endif]-->No. There are no other Maple

Ridge residents facing discharge that our Office is aware of.

Sean

From: Renner, Jamie [mailto:Jamie.Renner@vermont.gov]

Sent:

To: Sean Londergan <<u>SLondergan@vtlegalaid.org</u>>

Subject: Follow up - Maple Ridge

Sean,

It seems that, of the 3 Maple Ridge / former Spring Village residents about whom you sent me information, only 1 is in the process of appealing a discharge notice. Is that accurate? Has there been a result in that matter? It looks like you successfully appealed a discharge attempt regarding one of the other residents. Is that matter now resolved?

It seems that the spouse of the third individual passed away before a discharge notice was ever issued to her. Is that true?

Are there any other Maple Ridge residents currently facing discharge notices that you're aware of?

-Jamie

Jamie Renner

Assistant Attorney General
Office of the Vermont Attorney General
109 State Street
Montpelier VT 05609-1001
802-828-5947 (direct)

From: Sean Londergan
To: Renner, Jamie

Subject: RE: Follow up - Maple Ridge

Date:

I completely understand.

From: Renner, Jamie [mailto:Jamie.Renner@vermont.gov]

Sent:

To: Sean Londergan <SLondergan@vtlegalaid.org>

Subject: Re: Follow up - Maple Ridge

Thanks. Just wanted to make sure I was reading the lay of the land correctly.

On

, Sean Londergan <<u>SLondergan@vtlegalaid.org</u>> wrote:

Jamie:

Responding to your questions as follows:

- 1. Yes, only one of the three residents that you have information about is currently appealing a discharge.
- 2. The appeal is ongoing. The resident lost at the first level of appeal (which is made to DAIL). The resident made a second level appeal to the Human Services Board. A hearing on that appeal is scheduled for September 26. The resident can remain in the facility pending the appeal.
- 3. Yes, it is resolved in the sense that particular appeal has been defeated. The facility has not made another attempt to discharge to this point.
- 4. Yes. The spouse for the 3rd resident died before a discharge notice was issued.
- 5. No. There are no other Maple Ridge residents facing discharge that our Office is aware of.

Sean

From: Renner, Jamie [mailto:Jamie.Renner@vermont.gov]

Sent:

To: Sean Londergan <<u>SLondergan@vtlegalaid.org</u>>

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Subject: Re: Follow up - Maple Ridge

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From: Renner, Jamie
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From: Sean Londergan To: Renner, Jamie Subject: RE: Spring Village - follow up Date: Jamie: In response to your question below, the individual who made the representation in quote para 1 was: Carrie Rae Shamel (who was the sales and marketing rep for Spring Village) Sean **From:** Renner, Jamie [mailto:Jamie.Renner@vermont.gov] Sent: To: Sean Londergan <SLondergan@vtlegalaid.org> Subject: RE: Spring Village - follow up Thank you. One more question: of Resident #1 wrote in a letter that: "During our interview with Spring Village we could not have stressed more clearly how not have to move again once we had decided important it was to us as a family that a new home for him. Spring Village assured that they could be that place. We were told how Spring Village made it a priority to have their residents be able to 'age in place' there... "On met with Teri and Katy Lemery, Spring Village's Executive Director. Shortly into this meeting we were informed that Spring Village would be in approximately 30 days. Katy quite frankly admitted that promises of discharging aging in place had been made to many families and that these promises would now be broken. Katy stated that she would not have mode those promises herself and regretted that the new management team had tasked her with informing families that Spring Village would not be living up to these promises." Can this individual clarify who at Spring Village made the representations referenced in quote para 1 (i.e. who at Spring Village represented that this individual's could "age in place" there)? -Jamie **From:** Sean Londergan <<u>SLondergan@vtlegalaid.org</u>> Sent: **To:** Renner, Jamie < <u>Jamie.Renner@vermont.gov</u>> Subject: RE: Spring Village - follow up Jamie: I will follow up with the writer and get back to you. **From:** Renner, Jamie [mailto:Jamie.Renner@vermont.gov] Sent: To: Sean Londergan <<u>SLondergan@vtlegalaid.org</u>> Subject: RE: Spring Village - follow up

. On page 7 of that letter, the author

can stay and pass

Sean.

Resident #3's documents include a letter dated

represents that Spring Village represented to him: "We will be able to handle

will do whatever is necessary... including getting a variance... so that

here. This is something that you do not need to worry about." He writes: "I believed and trusted in those assurances... **orally and in writing**... during a difficult time." (Emphases added). Does this writer have any written representations by Spring Village to this effect? If so, could you possibly pass them along to me?

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Sent:

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- 5. If we come across any additional materials, we will be sure to pass them along to you.

Feel free to contact me, if you have any questions.

In the meantime, I will wait to hear back from you (after you've had the opportunity to review the information).

Thank you for taking a look.

Sean

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State Long Term Care Ombudsman

Long Term Care Ombudsman Project

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Burlington, VT 05401

slondergan@vtlegalaid.org

800-899-2047

802-383-2227

From: Renner, Jamie [mailto:Jamie.Renner@vermont.gov]

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Subject: Spring Village - follow up

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family member's):

- -Resident agreements;
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- -Resident Care Plans;
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As I mentioned, please redact personal identifying information from these documents before passing them along.

Thanks again, and talk to you soon.

-Jamie

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802-828-5947 (direct)

From: Sean Londergan
To: Renner, Jamie

Subject: RE: Spring Village - follow up

Date:

Jamie:

Sean

From: Renner, Jamie [mailto:Jamie.Renner@vermont.gov]

Sent:

To: Sean Londergan <SLondergan@vtlegalaid.org>

Subject: RE: Spring Village - follow up

Can you/this individual provide the names of John Doe, Ace Company, Mary Doe and John Smith? If you have any concerns or want to discuss further, I'm at 802-828-5947.

From: Sean Londergan <<u>SLondergan@vtlegalaid.org</u>>

Sent:

To: Renner, Jamie < <u>Jamie.Renner@vermont.gov</u>>

Subject: RE: Spring Village - follow up

Additional response from the individual who provided documents for Resident #3:

I sent to you the written brochure specifically referencing end of life care.

I know that having something in writing is really important. However, I would note that two former staff members, **JOHN DOE**, who now works for **ACE COMPANY** and was the sales and marketing rep for Spring Village and then later, **MARY DOE**, the former Director of Nursing, orally represented the end of life care provision.

MARY DOE told me that the representation to her by **JOHN SMITH**, the co-owner of Woodbine, (this was the company that managed Spring Village) to provide end of life care essentially drove **MARY DOE's** decision to come to Spring Village.

I have no idea whether **MARY DOE's** name has come up...but i had this conversation twice about end of life care and how important it was to **MARY DOE**. I have a lot of respect for **MARY DOE**...she is a veteran nurse and was/is viewed as a straight shooter.

Info for the record.

Sean

From: Renner, Jamie [mailto:Jamie.Renner@vermont.gov]

Sent:

To: Sean Londergan <<u>SLondergan@vtlegalaid.org</u>>

Subject: RE: Spring Village - follow up

Thanks. I noticed that language in the brochure. I was just curious as to whether he might have any email correspondences with Spring Village where a promise in that vein was made.

Thanks anyway,

Jamie

From: Sean Londergan <<u>SLondergan@vtlegalaid.org</u>>

Sent:

To: Renner, Jamie < <u>Jamie.Renner@vermont.gov</u>>

Subject: RE: Spring Village - follow up

Jamie:

We reached out to individual who provided documents for Resident #3.

The response to our request for <u>any written</u> representations by Spring Village is as follows:

The written representation is in the Spring Village brochure that is part of the package I sent to you. It is found on page 15... it is the box that is titled:

Memory Care Includes...

It specifically states...Aging in Place including end of life care...

That is the fourth page of the documents that I sent you for Resident #3 (the promotional material titled "Let us take the journey with you", then see the box highlighting memory care - "Memory Care Includes" - see second to last bullet "Aging in place, including end of life care"). I have attached a better (by a little bit) copy of the promotional material.

Sean

From: Renner, Jamie [mailto:Jamie.Renner@vermont.gov]

Sent:

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5. If we come across any additional materials, we will be sure to pass them along to you.

Feel free to contact me, if you have any questions.

In the meantime, I will wait to hear back from you (after you've had the opportunity to review the information).

Thank you for taking a look.

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- -Resident agreements;
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As I mentioned, please redact personal identifying information from these documents before passing them along.

Thanks again, and talk to you soon.

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802-828-5947 (direct)

From: Sean Londergan Renner, Jamie
RE: Spring Village - follow up To:

Subject:

Date:

We will get on this and then get back to you.
From: Renner, Jamie [mailto:Jamie.Renner@vermont.gov]
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To: Sean Londergan <slondergan@vtlegalaid.org></slondergan@vtlegalaid.org>
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Resident #1 wrote in a letter that:
"During our interview with Spring Village we could not have stressed more clearly how important it was to us as a family that not have to move again once we had decided a new home for him. Spring Village assured that they could be that place. We were told how
Spring Village made it a priority to have their residents be able to 'age in place' there
met with Teri and Katy Lemery, Spring Village's Executive Director. Shortly into this meeting we were informed that Spring Village would be discharging in approximately 30 days. Katy quite frankly admitted that promises of aging in place had been made to many families and that these promises would now be broken. Katy stated that she would not have mode those promises herself and regretted that the new management team had tasked her with informing families that Spring Village would not be living up to these promises." Can this individual clarify who at Spring Village made the representations referenced in quote para 1 (i.e. who at Spring Village represented that this individual's could "age in place"
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will do whatever is necessary including getting a variance so that can stay and pass
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Date:

Yes, I figured you saw that.

I was hoping that there could be something more.

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